



JOIN US FOR A

STAFF WELLNESS SESSION

EMOTIONAL INTELLIGENCE

Monday, June 5, 2023
Noon - 1 p.m. (via Zoom)

Link to Join Zoom Meeting:

<https://zoom.us/j/93987312649?pwd=T2tyL1QvSHBGsXRPe1phVG0xdEdoUT09>

Meeting ID: 939 8731 2649 • Passcode: 979614

THE STAFF ADVISORY COMMITTEE FOR THE SIU SYSTEM (STACSS)* INVITES ALL SIU SYSTEM STAFF

Emotional Intelligence is an essential skill to help develop leadership skills and improve interpersonal relationships, both personally and professionally. In addition, proper emotional intelligence can help you reduce stress and create a positive environment.

IN THIS SESSION, PARTICIPANTS WILL LEARN HOW TO:

1. Define the meaning of emotional intelligence
2. Improve communication skills
3. Recognize emotions and interpersonal skills

As with the previous trainings, this workshop is supported by the System President, the SIUE and SIUC Chancellors and Dean and Provost of the School of Medicine.



SESSION LED BY SIU SCHOOL OF MEDICINE'S:

David Ziebler, MSMOB, RODP, TIPC

Department of Medical Education

Center of Human and Organizational Potential

Director of Organizational and

Employee Development



Southern Illinois University System

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The StACSS is a staff advisory body that serves as a collaborative channel between the staff at SIU Carbondale (SIUC), SIU Edwardsville (SIUE), SIU School of Medicine, SIU School of Dental Medicine and the SIUE East St. Louis Center. The StACSS advises the SIU Board of Trustees and System Administrative Offices through the System president about staff-related issues that are pertinent at the SIU System level. The StACSS serves as an avenue to discuss issues that impact the SIU campuses and beyond, share ideas, find solutions to problems, and work together on issues that face staff.